



We at Nordic Skin Therapies are looking forward to being part of your skin transformation through the newest NONE-invasive MesoSkin™ Mesootherapy treatment.

### Preparing for your MesoSkin™ treatment

1. Gently wash the treatment area with a mild cleanser (Glycolic or Lactic acid cleanser is OK) and apply sunscreen.
2. **Sunburn:** Avoid a "fresh" sunburn, which reddens the skin and makes it tender.
3. **Peels** are not recommended 1 week prior to the treatment.

### MesoSkin™ Aftercare Instructions

- Avoid applying high potency skin ingredients (eg. Glycolic acid, Retinol, Vitamin C) and fragranced creams/lotions for 12 hours after treatment.
- Apply sunscreen for 7 days after treatment, however it is recommended that you do wear sunscreen every day.
- Avoid being in direct sunlight for 7 days after treatment.
- Apply a non-irritating moisturiser morning and night for 7 days after treatment.

### What can I expect after a MesoSkin™ treatment?

· Depending on your skin type and the treatment that was done you will see a result; brighter, more hydrated, plump, less wrinkles and fine lines and a more even skin complexion are some of the results you can expect after your treatment.

· Make up and self-tanning products will be able to go on much more smoothly.

Please be mindful:

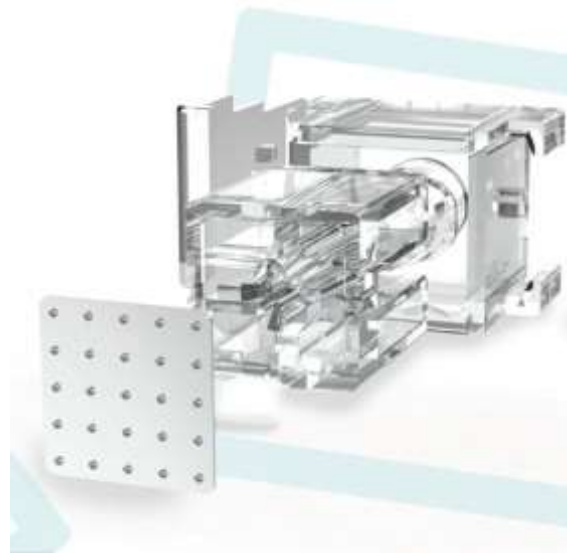
*There may be temporary and mild redness / swelling this should subside within a few hours.*

### **How often should you get MesoSkin™ Treatment?**

· It is recommended you get a MesoSkin™ treatment every 3-4 weeks for a course of 6-10 sessions, after this you can go on to a maintenance plan which consists of 1 treatment every 1-3 months.

· You can get MesoSkin™ done as a once off treatment if you wish, this is ideal before an event or special occasion.

· For best results, pair your MesoSkin™ treatment with an LED treatment and ensure ongoing use of appropriate homecare as prescribed by your dermal therapist.



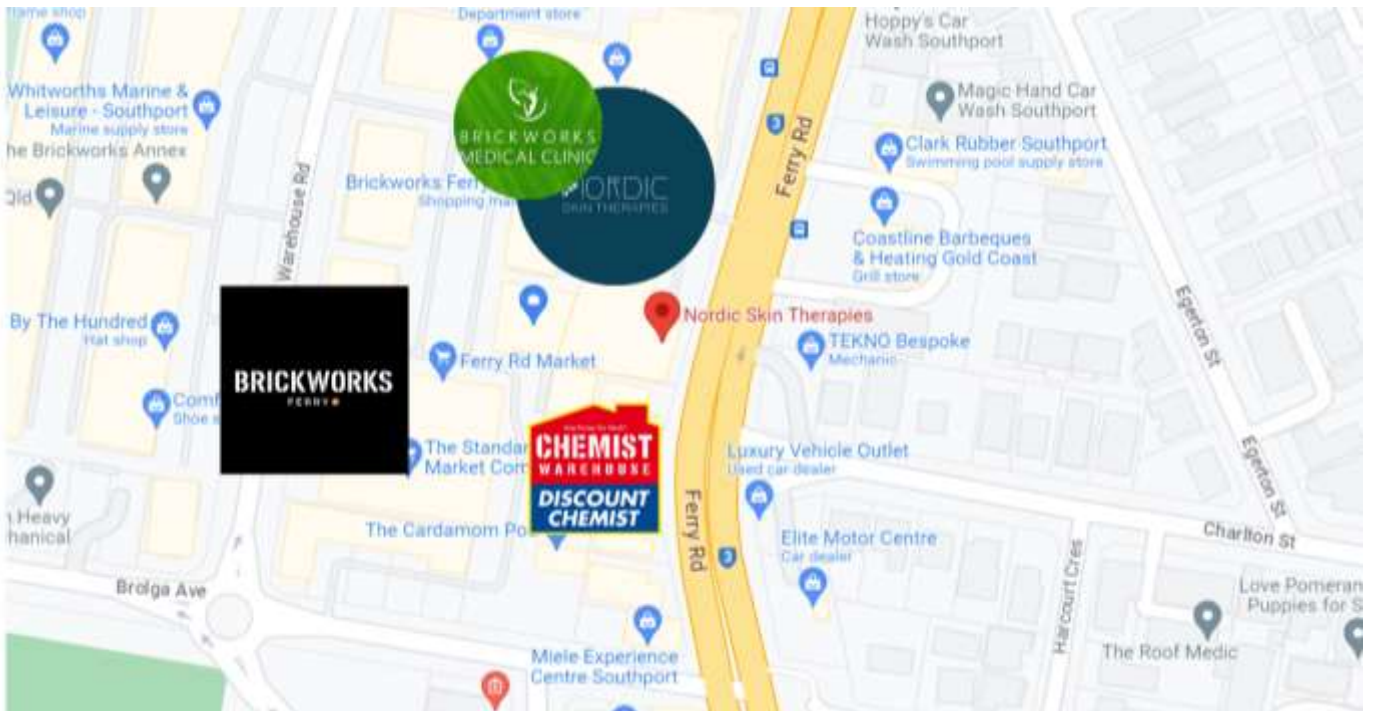


## How to find us:

Our address: 107 Ferry Road, Southport – inside Brickworks Medical Clinic (near Chemist Warehouse).

P: 04 8113 2534

3-hour FREE parking is available



For any questions about your MesoSkin treatment, please call 04 8113 2534 or email [nordicskintherapies@gmail.com](mailto:nordicskintherapies@gmail.com).



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